



Bed bugs are problematic pests which may be viewed as a *community* problem. They are particularly problematic in multi-family locations such as apartments, condominiums, dormitories and other such facilities where people reside in close quarters. This is so because these pests may travel from room to room, apartment to apartment and floor to floor. Bed bugs are adept hitchhikers and are often carried and deposited in various locations by people and their activities. In any community nowadays there is a risk that bed bugs may be introduced into a home or living space.



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There are a number of things that an individual resident can do to help and enhance the results and success of a bed bug management program effort. This brochure is intended to provide viable information and practical tips on what each resident can do to assist in the bed bug remediation and prevention effort. **Read to learn what YOU can do to help!**

## Educate Yourself About Bed Bugs:

One of the most significant problems encountered when dealing with bed bugs is the lack of awareness, misinformation and misconceptions regarding bed bugs found in the general public. The lack of information in addition with false information may serve to undermine the efforts and overall success of the bed bug management program for various reasons. As such, it is best that concerned residents arm and educate themselves with accurate information about bed bugs such that they will be best able to assist in the prevention and remediation effort. Reading and sharing the information in this pamphlet with family, friends and neighbors will help in this regard.



BedBugGeneral.com



Pest-Consultant.com

Paul J. Bello is president of PJB Pest Management Consulting, LLC and Technical Director of Bed Bug General and Operation Bug Stop. He has been a licensed pest management professional since 1976. He is the author of The Bed Bug Combat Manual and The Cockroach Combat Manual II. Mr. Bello has extensive experience in remediation of existing bed bug situations at numerous facilities across the United States. Operation Bug Stop is a public service provided by Bed Bug General. Additional information and videos may be found at [www.bedbuggeneral.com](http://www.bedbuggeneral.com) and [www.pest-consultant.com](http://www.pest-consultant.com).

# OPERATION BUG STOP



## How YOU Can Help

By: Paul J Bello  
Bed Bug General • Operation Bug Stop

## Telltale Signs of Bed Bugs:

- fecal stains
- shed skins
- eggs
- carcasses
- live bed bugs



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Here we see bed bug fecal stains, eggs and live bed bugs on this bed frame.



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Here we see bed bug fecal stains, eggs and live bed bugs hiding on mattress

## Reduce Clutter:

Clutter and other items can provide additional hiding places for bed bugs. Store belongings in a neat and orderly fashion such that clutter is reduced and your home may be more easily inspected.

## Install Encasements:

Installation of bed bug proof encasements to the mattress and box spring will eliminate harborage areas, protect them from infestation and fecal staining and make it easier to inspect.



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## Self Inspection:

Conduct periodic inspections of your own home for the telltale signs of bed bugs. Be sure to use a good flashlight and look in areas where bed bugs hide including but not limited to: mattress beading and edges, box spring, bed frame, head and foot board, sofa, easy chairs and other such places.

## Increase Community Wide Awareness:

Lack of awareness and knowledge regarding bed bugs is a common and significant problem which serves bed bugs well. While it's understandable that most people wish to avoid discussing their bed bug problem and there is a negative social stigma associated with bed bugs, these factors result in keeping bed bug problems a secret and usually allow a problem to grow needlessly to significant proportions. Simply stated, the less that people know about bed bugs, the better for the bed bugs and the more difficult it will be to eliminate them.

## Communication:

Immediately report any bed bug suspect activity to your property management team so that they can take the appropriate actions.

We all need to understand that bed bugs are an equal opportunity infester and that anyone may be subject to a bed bug introduction and infestation. Increased awareness and a well-coordinated community wide effort is the best way to eliminate and prevent bed bug problems.